



**EGD (Upper Endoscopy), EUS (Upper Endoscopy with Ultrasound) PREPARATION**

You are scheduled to have an examination of your upper gastrointestinal tract; the esophagus, stomach, and duodenum. A thin, lighted flexible tube called an endoscope will be used.

**Bring your ID and Insurance card with you the day of your procedure.**

- Surgical Specialists at Princeton:** Forrestal Village 136 Main Street, Ste . 100 Princeton, NJ (609)-799-1130
- University Medical Center of Princeton @ Plainsboro:** Medical Arts Pavilion 2<sup>nd</sup> Floor, 1 Plainsboro Road, Plainsboro, NJ (609)-497-4000
- Centra State Medical Center:** 901 West Main Street, Freehold, NJ 07728 (732)-431-2000
- Robert Wood Johnson University Hospital:** 1 Hamilton Health Place, Hamilton, NJ (609)-586-7900

On \_\_\_\_\_ and is scheduled for \_\_\_\_\_ You must arrive at \_\_\_\_\_

**Your follow up appointment (in our East Windsor office) is scheduled for:**

DATE: \_\_\_\_\_ TIME: \_\_\_\_\_

**INSTRUCTIONS:**

*NOTHING TO EAT OR DRINK AFTER MIDNIGHT THE EVENING BEFORE YOUR PROCEDURE, INCLUDING WATER, GUM, HARD CANDY, AND COUGH DROPS.* Hospital rules dictate that you must have an escort to drive you home after the procedure. You are advised to abstain from driving for the remainder of the day.

**MEDICATION INSTRUCTIONS:** Do not take Asprin, anti-coagulates or anti-inflammatory medication (Ibuprofen, Advil, Aleve, Excedrin, etc.) for one week PRIOR to the exam. YOU MAY TAKE TYLENOL. If you are currently taking Plavix, Coumadin, or other anti-coagulants please discuss this with the physician. **Please notify the doctor if you take any essential medications.**

**300B Princeton Hightstown Road | Suite 206 | East Windsor, NJ 08520 | P: 609-918-1222 F: 609-918-1235**

IF YOU HAVE CHANGES IN YOUR INSURANCE BEFORE YOUR SCHEDULED PROCEDURE PLEASE CONTACT THE OFFICE SO WE CAN ACQUIRE THE PROPER AUTHORIZATION OR YOU WILL BE RESPONSIBLE FOR THE BILL.

CANCELLATIONS WITH LESS THAN 48 HOURS NOTICE WILL RESULT IN \$100.00 MISSED APPOINTMENT CHARGE